

## Fitness Equipment Catalog

## Product Index



#### **HS SERIES**

A Plate-Loaded series of machines that are robust, yet easy to use and extremely high on performance.



#### PF SERIES

Thoughtfully designed Dual-Station fitness equipment that are sturdy, easy to use and compact.



#### **FW SERIES**

With over 50 units to choose from, get benches and racks, or storage solutions for every requirement.



#### **HS PRO SERIES**

The most technically advanced plate loaded machines with accurate line of motion creating perfect impact.



#### **FM SERIES**

29-32

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Our Functional Trainer machine range, offering a wide selection of units, including rigs and cable crossovers.



### TRANSFORMER SERIES

Our newest addition to our product range, offering unique designs combined with high performance.



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#### **M2 SERIES**

muscle groups.

20-22

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Our most widely used series, consists of a variety of Single-Station units to target specific



#### **M7 SERIES**

Ultra-premium Single-Station machines, accurately designed to create the best exercise experience.



### FUNCTIONAL & ACCESSORIES

Customized rigs and a wide range of high-quality accessories are convenient for usage in any type of gym setup.



International Brand









Realleader USA is an established global fitness equipment brand with over 30 years of experience and 10000+ successful Installations across 60+ Countries. Realleader USA is trusted and endorsed by the best of international athletes and bodybuilders.

In collaboration with Realleader USA. Into Wellness has been manufacturing products that are being sold in the most advanced markets such as the USA, Europe, and Australia. It has guided us to deliver bio-mechanically accurate machines with aesthetically appealing designs.



#### **INTO WELLNESS:**

Bringing World-Class Workout Experience Across India



We offer more than 300 high performing and professional strength training equipment for commercial gyms, real estate, corporates and home users. Biomechanics, durability and attention to detail are the core of our design philosophy.

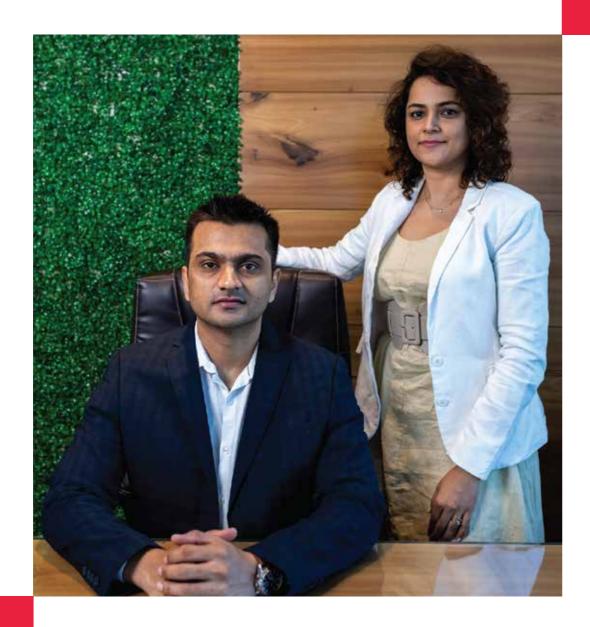
Having in-house production enables us to deliver several benefits including product customization, speedy delivery and installation, dependable service, and easy availability of spare parts. We are the only international company in the Indian fitness industry, manufacturing within the country.

#### **REALLEADER USA:**

Our Collaboration with a Globally Trusted **Brand** 



## INSPIRATION FOR OUR MISSION AND VISION THROUGH THE WORDS OF OUR FOUNDER



**RITESH & SONIYA MAHINDRAKAR** 

#### Transforming Physiques, Transforming Lives!

When we started our journey in 2015, we had not anticipated such an overwhelming response! Over the years, our customers are thrilled with the workout results that their members are reporting, as they are able to build a solid business by offering access to high-performance strength equipment that delivers exceptional results for their gym members. We are now able to bring this fitness revolution across 20 metropolitan cities in India and more than 40 tier 2 and tier 3 towns. We were privileged to join hands with the government in its initiative of 'Building Champions in manufacturing' to promote Make in India initiative. Our factory was set as an example to budding entrepreneurs and was showcased through a detailed video on Entrepreneur India TV.

## WORDS FROM OUR LOYAL CUSTOMERS

We were looking for machines that are comfortable for ladies & we are happy that we choose Into Wellness as the feedback from our lady members is excellent.

Ritu Uskaikar, Co-Founder of BE FIT Gym, Goa

We have a 7000 Sq feet gym in Kharadi using Into Wellness machines. Apart from the machines being good & the biomechanics being good I think what matters more is service. The Into Wellness service team is very prompt. At any point we cannot afford to have machines that are not functioning. If you want good products, good service, I will highly recommend Into Wellness.

Angeline, Director of Nucleus Fitness

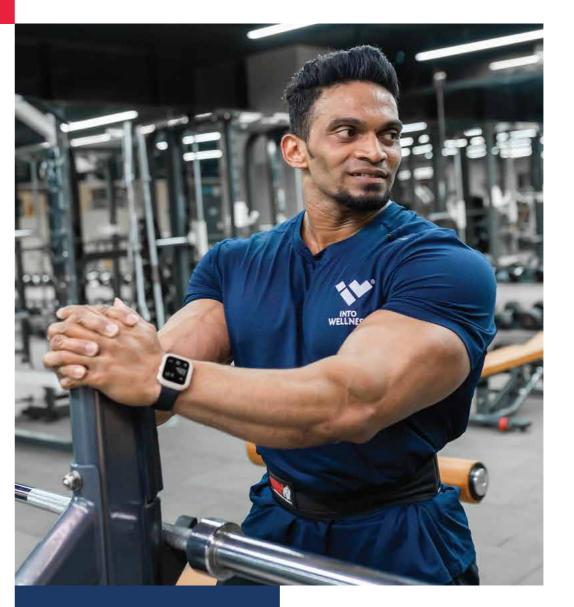
We are into construction and marble business. This homestel project was a dream project for me. Couch & Cheese is a luxury accommodation for students, visiting professionals. Right from the architecture, interior, amenities the project is very unique. I wanted to give good quality equipment and wanted to customise the colours to give a young vibe. We got our gym equipped with machines from Into Wellness in Vegas Yellow and magic black color which has given a very unique flavour to the place.

Anand Agarwal, Founder of Couch & Cheese Homestel

#### **SUNIT JADHAV**

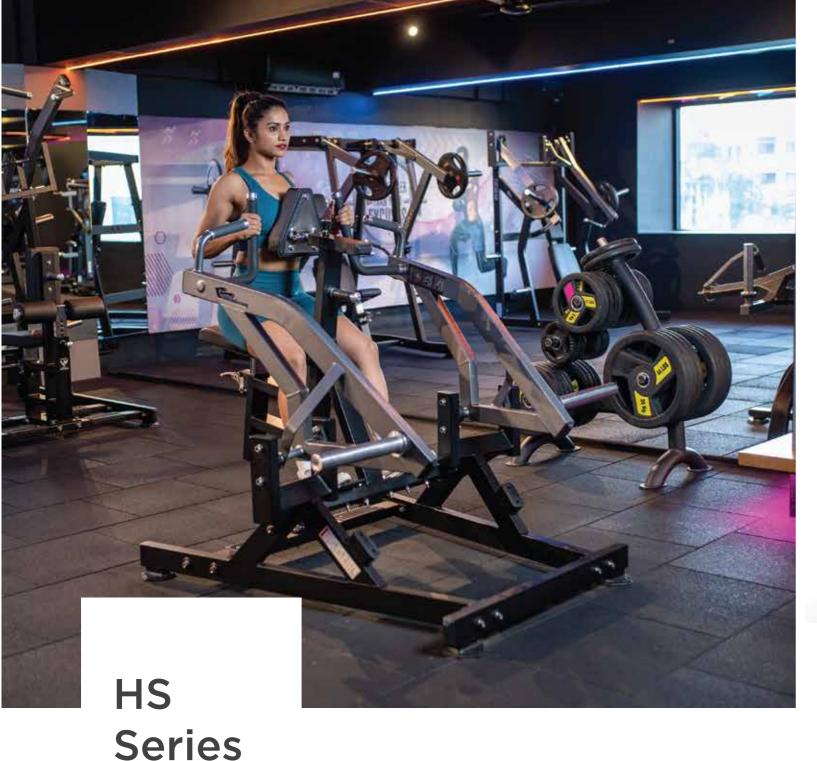
Our Brand Ambassador

IFBB Pro & Mr. Asia Overall Champion



I feel proud that such world class fitness equipment is now made in India. I was assured of the product quality after seeing the manufacturing facility of Into Wellness in Pune and after trying out their machines. I am confident that Into Wellness can help me in my goal of bringing fitness revolution in our country together. I wish the company a lot of success and luck.

Sunit Jacker





ISO-LATERAL BENCH PRESS

Dimensions : 1250X1320X1750MM

Net Weight : 164KG



ISO-LATERAL CHEST/BACK

Product ID: HS-1002

Dimensions: 1830X1300X2080MM

Net Weight : 160KG



**DECLINE CHEST PRESS** 

Product ID: HS-1003

Dimensions: 1300X1370X1730MM

Net Weight : 162KG



ISO-LATERAL LEVEL ROW

Product ID: HS-1004

Dimensions: 1300X1470X1880MM

Net Weight : 163KG



FRONT LAT PULLDOWN

Product ID: HS-1005

Dimensions: 1700X1460X2003MM

Net Weight : 154KG



ISO-LATERAL HIGH ROW

Product ID: HS-1006

Dimensions: 1650X1040X2030MM

Net Weight : 146KG



on targeted muscles.

Scan this QR code to see the HS Series live in action.

This Plate Loaded Series is a great choice for hard core

commercial gyms because of its high quality, sturdy, and value

for money products. The machine designs match the natural

convergent motion of the body, ensuring an accurate impact



HORIZONTAL BENCH PRESS

Dimensions: 1680X1550X1070MM

Net Weight : 134KG



**INCLINE BENCH PRESS** 

Product ID: HS-1007-A

Dimensions: 1831X1970X1200MM

Net Weight : 120KG



**ISO-LATERAL ROWING** 

Product ID: HS-1011

Dimensions: 1500X1270X1300MM

Net Weight : 105KG



**ISO-LAT. SHOULDER PRESS** 

Product ID: HS-1012A

Dimensions : 1300X1470X1880MM

Net Weight : 156KG



**DECLINE BENCH PRESS** 

Product ID: HS-1007-B

Dimensions : 1832X1970X1200MM

Net Weight : 120KG



ISO-LAT. INCL. CHEST PRESS

Product ID: HS-1008

Dimensions : 1000X1320X1910MM

Net Weight : 147KG



**ISO-LAT. SHOULDER PRESS** 

Product ID: HS-1012B

Dimensions: 1300X1470X1880MM

Net Weight : 156KG



ISO-LAT. SUPER INCLINE PRESS

Product ID: HS-1013

Dimensions: 1300×2100×2003MM

Net Weight : 149KG



ISO-LATERAL LOW ROW

Product ID: HS-1009

Dimensions: 1220X1190X1700MM

Net Weight : 134KG



**ASSY SQUAT** 

Product ID: HS-1010

Dimensions: 1700X1190X1040MM

Net Weight : 45KG



ISO-LATERAL WIDE CHEST

Product ID: HS-1014

Dimensions : 1140×1750×1750MM

Net Weight : 166KG



ISO-LAT. WIDE PULLDOWN

Product ID: HS-1015

Dimensions: 1650×1040×2030MM

Net Weight : 146KG



LATERAL RAISE

Dimensions: 1040X1400X1220MM

Net Weight : 104KG



**PULLOVER** 

Product ID: HS-1017A

Dimensions: 1370X1300X1500MM

Net Weight : 135KG



STANDING CALF RAISE

Product ID: HS-1019

Dimensions : 1320X1450X1190 MM

Net Weight : 105KG



STANDING CALF RAISE

Product ID: HS-1020

Dimensions: 1370X1450X1190MM

Net Weight : 135KG



**PULLOVER** 

Product ID: HS-1017B

Dimensions: 1310X1260X1500MM

Net Weight : 170KG



SEATED BICEPS CURL

Product ID: HS-1018

Dimensions: 1270X1170X1350MM

Net Weight : 92KG



ISO-LATERAL LEG CURL

Product ID: HS-1021

Dimensions: 1800X1350X1000MM

Net Weight : 115KG



ISO-LAT. LEG EXTENSION

Product ID: HS-1022

Dimensions: 1370X1450X1450MM

Net Weight : 136KG



ISO-LAT. STD. BICEPS CURL

Product ID: HS-1018A

Dimensions: 1000X1320X1700MM

Net Weight : 105KG



STANDING PREACHER CURL

Product ID: HS-1018B

Dimensions: 1440X800X1300MM

Net Weight : 70KG



**ISO-LATERAL LEG PRESS** 

Product ID: HS-1023

Dimensions: 1780X1510X1520MM

Net Weight : 147KG



**LEG EXTENSION** 

Product ID: HS-1024

Dimensions: 1420X1370X1450MM

Net Weight : 126KG



SUPER HORIZONTAL CALF

Dimensions: 1600X1370X1350MM

Net Weight : 95KG



& POWER RACK

Product ID: HS-1027C

Dimensions: 2060X1760X2285MM

Net Weight : 135KG



SMITH MACHINE & POWER RACK

Product ID: HS-1027B

Dimensions : 2060X1760X2285MM

Net Weight : 125KG



**SQUAT & LUNGE** 

Product ID: HS-1028

Dimensions: 1570X1450X860MM

Net Weight : 97KG



ISO-LATERAL KNEELING LEG CURL

Product ID: HS-1030

Dimensions: 1090X1270X1190MM

Net Weight : 114KG



TRICEPS EXTENSION

Product ID: HS-1031

Dimensions: 1700X970X1070MM

Net Weight : 105KG



SEATED/STANDING SHRUG

Product ID: HS-1032

Dimensions: 1200X1630X1080MM

Net Weight : 90KG



**HACK SQUAT** 

Product ID: HS-1033

Dimensions: 2500X1400X1250MM

Net Weight : 197KG



**SQUAT & LUNGE** 

Product ID: HS-1028A

Dimensions: 1570X1450X860MM

Net Weight : 110KG



LINEAR LEG PRESS

Product ID: HS-1029

Dimensions: 2410X1600X1450MM

Net Weight : 210KG



TIBIA/DORSAL FLEXION

Product ID: HS-1034

Dimensions : 380X610X310MM

Net Weight : 25KG



**V SQUAT** 

Product ID: HS-1035

Dimensions: 1500X1780X1320MM

Net Weight : 136KG



**REVERSE HYPEREXTENSION** 

Dimensions: 1340X750X850MM

Net Weight : 25KG



**ABDOMINAL CRUNCH** 

Product ID: HS-1037

Dimensions : 2230X680X1150MM

Net Weight : 60KG



**BELT SQUAT** 

Product ID: HS-2003

Dimensions: 1580X1650X1680MM

Net Weight : 110KG



Product ID: HS-1038

Dimensions : 1690X730X750MM

Net Weight : 258KG



Product ID: HS-1043

Dimensions: 1560X1200X2410MM

Net Weight : 142KG



#### **OLYMPIC MILITARY BENCH**

Product ID: HS-1041

Dimensions: 1760X1250X1690MM

Net Weight : 114KG



**CHIN UP** 

Product ID: HS-1042

Dimensions: 1300X1680X2185MM

Net Weight : 80KG



HALF RACK

Product ID: HS-1044

Dimensions: 1400X1250X2350MM

Net Weight : 134KG



**VERTICAL LEG PRESS** 

Product ID: HS-1039

Dimensions: 1750X1300X2150MM

Net Weight : 200KG



4-WAY NECK

Product ID: HS-1040

Dimensions: 820X1570X1600MM

Net Weight : 110KG



**POWER CAGE** 

Product ID: HS-1045

Dimensions: 1220X1380X2360MM

Net Weight : 146KG



**POWER CAGE** 

Dimensions: 1775X1380X2360MM

Product ID: HS-1045A

Net Weight : 160KG



**POWER CAGE** 

Dimensions: 1775X1380X2360MM

Net Weight : 175KG

PECTORAL FLY

Dimensions: 1080X580X1190MM

Product ID: HS-1048

Net Weight : 80KG



**MULTI POWER CAGE** 

#### Product ID: HS-1047

Dimensions: 1840X1650X2350MM

Net Weight : 175KG



**CHEST PRESS** 

#### Product ID: HS PRO-1001

Dimensions: 1350X1550X1830MM

Net Weight : 182KG



#### **HORIZONTAL BENCH PRESS**

#### Product ID: HS PRO-1002

Dimensions: 1880X1950X850MM

Net Weight : 142KG



## LATERAL RAISE

#### Product ID: HS PRO-1004

Dimensions : 2100X810X1710MM

Net Weight : 166KG





## **/REAR DELTOID**



**HIGH ROW** 

#### Product ID: HS PRO-1006

Dimensions : 2000X900X2050MM

Net Weight : 175KG



#### **LEG PRESS**

Product ID: HS-2001

Dimensions : 1330X2040X1450MM

Net Weight : 220KG



Product ID: HS-1049A

Dimensions: 1230X680X1150MM

Net Weight : 60KG



STANDING LATERAL RAISE

Product ID: HS-1050

Dimensions: 1750X1300X2150MM

Net Weight : 150KG



**SHOULDER PRESS** 

Dimensions: 1650X1600X1435MM

Product ID: HS PRO-1003

Net Weight : 172KG

**BICEPS** 

Product ID: HS PRO-1005

Dimensions: 1100X1420X1060MM

Net Weight : 117KG



**POWER SMITH MACHINE DUAL SYSTEM** 

Product ID: HS PRO-1007

Dimensions: 1880X1920X850MM

Net Weight : 275KG



**ROWING** 

Product ID: HS PRO-1009

Dimensions: 1643X1571X1361MM

Net Weight : 190KG



**POWER SMITH MACHINE DUAL SYSTEM UPPER** 

Product ID: HS PRO-1008

Dimensions: 1830X1700X2100MM

Net Weight : 350KG



**BOTH WAY SQUAT** 

Product ID: HS PRO-2003

Dimensions: 1905X1520X1610MM

Net Weight : 150KG



**BELT SQUAT** 

Product ID: HS PRO-2004

Dimensions: 1635X1800X800MM

Net Weight : 155KG



**LEVEL ROW** 

Product ID: HS PRO-1011

Dimensions : 1786X1435X1956MM

Net Weight : 220KG



**BUTTOCKS BRIDGE** 

Product ID: HS PRO-2005

Dimensions: 1635X1800X800MM

Net Weight : 155KG



PENDULUM SQUAT

Product ID: HS PRO-2006

Dimensions: 2003X890X1835MM

Net Weight : 175KG



**LEG EXTENSION** 

Product ID: HS PRO-2001

Dimensions: 1550X1900X1200MM

Net Weight : 152KG



**KNEELING CURL** 

Product ID: HS PRO-2002

Dimensions: 1200X1650X1350MM

Net Weight : 132KG



**GLUTE MACHINE** 

Product ID: HS PRO-2007

Dimensions : 2022X1543X1101

Net Weight : 125KG

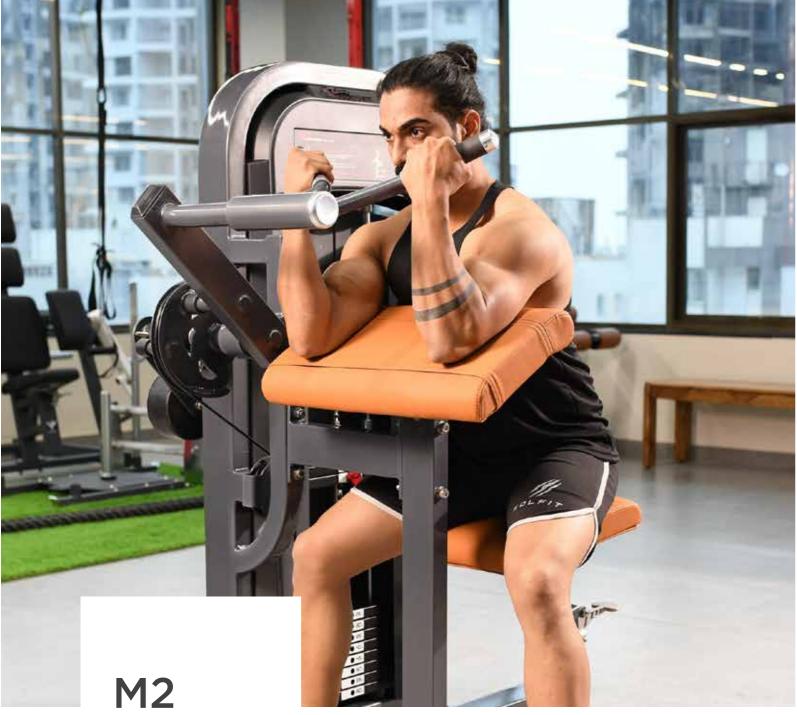


**PRONE MACHINE** 

Product ID: HS PRO-2008

Dimensions: 1330X1120X1580MM

Net Weight : 160KG



Series

This series consists of 26 thoughtfully designed fitness equipment, making this the ultimate choice for the fitness enthusiast. These machines are rock solid, easy to use, and are extremely high on performance delivering ideal muscle resistance through each movement.



Scan this QR code to see the M2 Series live in action.



**CHEST PRESS** 

#### Product ID: M2-1001

Dimensions: 1500X1450X1880MM

Net Weight : 129KG Weight Stack : 100KG



**ABDUCTOR** 

#### Product ID: M2-1003

Dimensions : 1350X1500X1600MM

Net Weight : 123KG Weight Stack : 70KG



#### SEATED LEG EXTENTION

#### Product ID: M2-1005

Dimensions : 1520X1130X1600MM

Net Weight : 135KG Weight Stack : 90KG



LATERAL RAISE

#### Product ID: M2-1002

Dimensions: 1230X1410X1600MM

Net Weight : 120KG Weight Stack : 60KG



#### **ADDUCTOR**

#### Product ID: M2-1004

Dimensions: 1350X1500X1600MM

Net Weight : 125KG Weight Stack : 70KG



PRONE LEG CURL

#### Product ID: M2-1006

Dimensions: 1400X900X1700MM

Net Weight : 145KG Weight Stack : 85KG



**SEATED SHOULDER PRESS** 

#### Product ID: M2-1007

Dimensions: 1600X1400X1600MM

Net Weight : 130KG Weight Stack: 75KG



**SEATED LEG PRESS** 

#### Product ID: M2-1009

Dimensions: 1900X1200X1600MM

Net Weight : 230KG Weight Stack: 100KG



ISO LATERAL BICEPS CURL

#### Product ID: M2-1010B

Dimensions: 1186X1370X1511MM

Net Weight : 123KG Weight Stack: 60KG



**ABDOMINAL CRUNCH** 

#### Product ID: M2-1008

Dimensions: 1580X1200X1600MM

Net Weight : 175KG Weight Stack: 75KG



**BICEP CURL** 

Product ID: M2-1010A

Dimensions : 1720X1480X1600MM

Net Weight : 124KG Weight Stack: 60KG



#### SEATED TRICEP EXTENTION

#### Product ID: M2-1011A

Dimensions: 1720X1080X1600MM

Net Weight : 124KG Weight Stack: 85KG



SEATED TRICEP PUSH DOWN

#### Product ID: M2-1011B

Dimensions: 1720X1080X1600MM

Net Weight : 124KG Weight Stack: 85KG



LAT PULL DOWN

Product ID: M2-1013

Dimensions: 1800X1100X1950MM

Net Weight : 134KG Weight Stack: 90KG



**MULTI HIP** 

#### Product ID: M2-1014

Dimensions: 1130X1200X1700MM

Net Weight : 130KG Weight Stack: 85KG



Dimensions: 1450X1550X1600MM

Net Weight : 116KG Weight Stack: 85KG



LAT PULL DOWN

Product ID: M2-1013A

Dimensions: 1325X1250X2200MM

Net Weight : 130KG Weight Stack: 90KG



SEATED ROW/REAR DELT

#### Product ID: M2-1015

Dimensions : 1600X920X1600MM

Net Weight : 135KG Weight Stack: 90KG



**BACK EXTENTION** 

#### Product ID: M2-1016

Dimensions: 1240X950X1420MM

Net Weight : 141KG Weight Stack : 100KG



**SEATED LOW ROW** 

#### Product ID: M2-1018

Dimensions: 1410X1520X1600MM

Net Weight : 104KG Weight Stack : 90KG



**CHIN DIP ASSIST** 

#### Product ID: M2-1020

Dimensions: 1600X1100X2270MM

Net Weight : 180KG Weight Stack : 75KG



PECK FLY/REAR DELT

#### Product ID: M2-1017

Dimensions: 1410X1520X1900MM

Net Weight : 145KG Weight Stack : 85KG



STANDING CALF RAISE

#### Product ID: M2-1019

Dimensions : 1520X1120X2000MM

Net Weight : 72KG Weight Stack : 90KG



**ROTARY TORSO ROTATION** 

#### Product ID: M2-1021

Dimensions: 1600X950X1700MM

Net Weight : 115KG Weight Stack : 85KG



**GLUTE MACHINE** 

#### Product ID: M2-1022

Dimensions: 1100X1200X1700MM

Net Weight : 148KG Weight Stack : 60KG

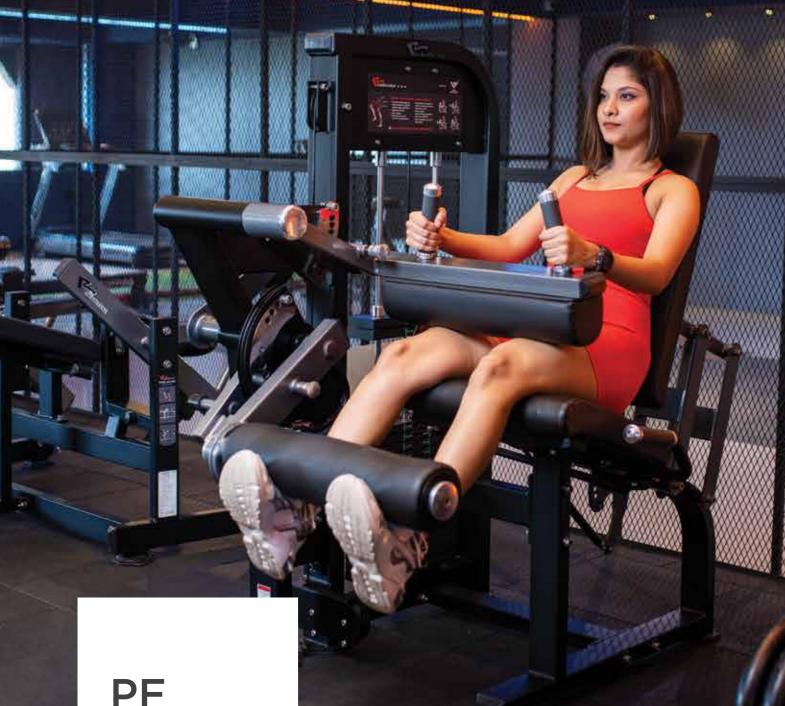


**SEATED LEG CURL** 

#### Product ID: M2-1023

Dimensions: 1720X1080X1600MM

Net Weight : 124KG Weight Stack : 90KG





Dual Station Machines, are suitable for compact spaces as it helps efficient use of the space without compromising on the biomechanics. Patented CAM design is the soul of these machines which offers uniform resistance throughout the range of motion.



Scan this QR code to see the PF Series live in action.



#### **CHEST/SHOULDER PRESS**

#### Product ID: PF-1001

Dimensions: 1950X1200X1420MM

Net Weight : 216KG Weight Stack : 85KG



#### PECK FLY/REAR DELT

#### Product ID: PF-1003

Dimensions: 1350X1350X1970MM

Net Weight : 152KG Weight Stack : 85KG



#### BACK EXTENSION/ AB CRUNCH

#### Product ID: PF-1005

Dimensions: 1300X900X1420MM

Net Weight : 145KG Weight Stack : 70KG



#### **BICEP/TRICEP CURL**

#### Product ID: PF-1002

Dimensions: 1300X900X1420MM

Net Weight : 153KG Weight Stack : 70KG



#### LAT PULL DOWN/ SEATED ROW

Product ID: PF-1004 (Dual Pulley Option)

Dimensions: 1850X1300X2300MM

Net Weight : 120KG Weight Stack : 90KG



#### HIP ABDUCTOR/ ADDUCTOR

#### Product ID: PF-1006

Dimensions: 1300X650X1420MM

Net Weight : 136KG Weight Stack : 70KG



PRONE LEG CURL/ EXTENSION

Dimensions: 1600X950X1420MM

Net Weight : 160KG Weight Stack : 85KG



LEG PRESS/CALF RAISE

#### Product ID: PF-1009

Dimensions: 1700X970X1720MM

Net Weight : 190KG Weight Stack : 85KG



**DOUBLE PULLEY MACHINE** 

Product ID: PF-1010A

Dimensions : 1300X1300X2200MM

Net Weight : 128KG Weight Stack : 90KG



SEATED LEG CURL/ EXTENSION

Product ID: PF-1007A

Dimensions : 1450X920X1420MM

Net Weight : 168KG Weight Stack : 90KG



DOUBLE PULLEY MACHINE

Product ID: PF-1010

Dimensions: 1300X1300X2200MM

Net Weight : 140KG Weight Stack : 90KG



CHEST/SHOULDER PRESS

Product ID: PF-2001 (Full Shroud)

Dimensions: 1950X1200X1420MM

Net Weight : 218KG Weight Stack : 85KG



BACK EXTENSION/ AB CRUNCH

Product ID: PF-2005 (Full Shroud)

Dimensions : 1300X900X1420MM

Net Weight : 148KG Weight Stack : 70KG



PRONE LEG CURL/ EXTENSION

Product ID: PF-2007 (Full Shroud)

Dimensions: 1600X950X1420MM

Net Weight : 164KG Weight Stack : 85KG



**BICEP/TRICEP CURL** 

Product ID: PF-2002 (Full Shroud)

Dimensions: 1300X900X1420MM

Net Weight : 155KG Weight Stack : 70KG



HIP ABDUCTOR/ ADDUCTOR

Product ID: PF-2006 (Full Shroud)

Dimensions: 1300X650X1420MM

Net Weight : 140KG Weight Stack : 70KG



LEG PRESS/CALF RAISE

Product ID: PF-2009 (Full Shroud)

Dimensions: 1700X970X1720MM

Net Weight : 195KG Weight Stack : 85KG



Series

Multi-Station and Functional Training Machines designed with versatility in mind. Compact but effective machines offering an endless variety of strength training. An ideal solution for functional exercises, sports specific training, and for personal training as well.



Scan this QR code to see the FM Series live in action.



#### **DUAL ADJUSTABLE PULLEY**

#### Product ID: FM-1001

Dimensions : 1220X2580X2330MM

Net Weight : 215KG Weight Stack : 180KG



#### **DUAL ADJUSTABLE PULLEY.**

#### Product ID: FM-1002

Dimensions: 1220X2580X2330MM

Net Weight : 218KG Weight Stack : 180KG



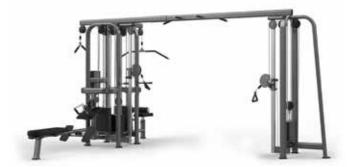
#### **MULTI -JUNGLE 4-STACK**

#### Product ID: FM-1005

Dimensions : 3400X1100X2230MM

Net Weight : 212KG Weight Stack : 315KG

LAT PULL DOWN : 90KG HI-LOW PULLEY : 75KG ROWING : 90KG TRICEPS : 60KG



#### **MULTI-JUNGLE 5-STACK**

#### Product ID: FM-1006

Dimensions: 4450X3400X2230MM

Net Weight : 318KG Weight Stack : 375KG

LAT PULL DOWN : 90KG HI-LOW PULLEY : 75KG ROWING : 90KG TRICEPS : 60KG



**MULTI -JUNGLE 8-STACK** 

Dimensions: 4850X3400X2230MM

Net Weight : 378KG Weight Stack: 630KG

LAT PULL DOWN : 90KG HI-LOW PULLEY : 75KG ROWING : 90KG TRICEPS : 60KG



**CABLE CROSSOVER** 

#### Product ID: FM-1008

Dimensions : 3470X630X2370MM

Net Weight : 195KG Weight Stack: 180KG



#### **HACK SQUAT**

#### Product ID: FM-1024E

Dimensions: 1850X1750X1500MM

Net Weight : 245KG TRANSMIT BY BEARING



#### **HACK SQUAT**

#### Product ID: FM-1024F

Dimensions : 2300X1870X1120MM

Net Weight : 225KG TRANSMIT BY BEARING



#### **SMITH MACHINE**

#### Product ID: FM-1009

Dimensions: 2310X1300X2400MM

Net Weight : 239KG COUNTER BALANCE



#### Product ID: FM-1024D

Dimensions : 2200X1850X1570MM

Net Weight : 255KG TRANSMIT BY BEARING



#### **DUAL ADJUSTABLE PULLEY**

#### Product ID: FM-2001

Dimensions: 1100X1850X2350MM

Net Weight : 180KG Weight Stack: 120KG



#### **CABLE CROSSOVER**

#### Product ID: FM-2003

Dimensions: 3880X600X2300MM

Net Weight : 175KG Weight Stack: 180KG



#### **MULTI-JUNGLE 4-STACK**

#### Product ID: FM-2004

Dimensions: 3400X1100X2230MM

Net Weight : 180KG Weight Stack: 315KG

LAT PULL DOWN : 90KG HI-LOW PULLEY : 75KG ROWING : 90KG TRICEPS



#### **MULTI-JUNGLE 5-STACK**

#### Product ID: FM-2005

Dimensions: 4450X1520X1900MM

Net Weight : 270KG Weight Stack: 375KG

LAT PULL DOWN : 90KG HI-LOW PULLEY : 75KG ROWING : 90KG TRICEPS



#### 4-JUNGLE MACHINE

(BICEP/TRICEP/LAT/LOWROW/LEGCURL/EXTENSION /CHEST/SHOULDER PRESS)

#### Product ID: FM-1004

Dimensions: 3400X3270X2380MM

Net Weight : 640KG Weight Stack: 345KG

SEATED LEG CURL/EXTENSION : 90KG



#### **45-DEGREE LEG PRESS**

#### Product ID: FM-1024A

Dimensions: 2450X1320X1500MM Net Weight : 198KG

CHEST/SHOULDER PRESS : 90KG LAT PULL DOWN/LOW ROW



#### **MULTI-JUNGLE 8-STACK**

#### Product ID: FM-2006

Dimensions: 4850X3400X2230MM

Net Weight : 375KG Weight Stack: 630KG

LAT PULL DOWN : 90KG HI-LOW PULLEY : 75KG TRICEPS ROWING : 90KG



**MOVABLE ARM FUNCTIONAL TRAINER** 

#### Product ID: FM-1003

Dimensions: 1620X1180X1780MM

Net Weight : 250KG Weight Stack: 150KG



#### **HACK SQUAT**

#### Product ID: FM-1024B

Dimensions : 2250X1430X1230MM

Net Weight : 219KG



**45-DEGREE LEG PRESS** 

#### Product ID: FM-1024C

Dimensions: 2200X1520X1480MM

Net Weight : 230KG



**SMITH MACHINE** 

Dimensions: 1520X1120X2000MM

Net Weight : 210KG

COUNTER BALANCE



1-STATION MULTI GYM

#### Product ID: FM-3001

Dimensions : 2250X1250X2250MM

Net Weight : 232KG Weight Stack: 70KG



#### **3D SMITH MACHINE**

#### Product ID: FM-1009A

Dimensions: 1840X1650X2350MM

Net Weight : 175KG



#### **MULTI-JUNGLE**

#### Product ID: FM 2009 (Upper Body)

Dimensions : 3400X3270X2380MM

Net Weight : 360KG Weight Stack: 340KG

LAT PULL DOWN : 90KG LOW ROW PEC FLY/REAR DELT : 85KG HIGH LOW PULLEY : 75KG



#### Product ID: FM-3002

Dimensions: 3400X2800X2250MM

Net Weight : 332KG Weight Stack: 270KG

CHEST/SHOULDER PRESS : 90KG LAT PULL DOWN/LOW ROW: 90KG LEG CURL/EXTENSION HIGH LOW PULLEY



#### Product ID: FM-3003

Dimensions : 2670X2740X2060MM

Net Weight : 300KG Weight Stack: 270KG

CHEST/SHOULDER PRESS PRONE LEG CURL/EXTENSION : 90KG LAT PULL DOWN/LOW ROW



#### **MULTI-JUNGLE**

#### Product ID: FM-2019 (Lower Body)

Dimensions: 3400X3270X2380MM

Net Weight : 360KG Weight Stack: 370KG

SEATED LEG CURL : 90KG LEG EXTENSION : 90KG LEG PRESS · 100KG STANDING CALF RAISE : 90KG



#### **MULTI-JUNGLE** 4 STACK PRO

#### Product ID: FM 1005A

Dimensions: 3400X1100X2230MM

Net Weight : 250KG Weight Stack: 330KG

LAT PULL DOWN ROWING : 90KG LAT HIGH LOW PULLEY : 75KG HIGH LOW PULLEY



M/ Series

This series consists of 18 thoughtfully designed fitness equipment. This series has elliptical tubes which enhances the visual quality and aesthetics of the products. 4 link mechanism along with Gas Spring Technology makes it very easy for the user to adjust the seat from the seating position.



Scan this QR code to see the M7 Series live in action.



#### **SEATED CHEST PRESS**

#### Product ID: M7-1001

Dimensions: 1600X1600X1800MM

Net Weight : 137KG Weight Stack : 90KG



#### SHOULDER PRESS

#### Product ID: M7-1003

Dimensions: 1700X1620X1450MM

Net Weight : 125KG Weight Stack : 75KG



#### SEATED BICEPS CURL

#### Product ID: M7-1005

Dimensions: 1250X1450X1450MM

Net Weight : 155KG Weight Stack : 60KG



#### SEATED LATERAL RAISE

#### Product ID: M7-1002

Dimensions: 1300X1250X1450MM

Net Weight : 143KG Weight Stack : 60KG



#### Product ID: M7-1004

Dimensions: 1300X1200X1650MM

Net Weight : 132KG Weight Stack : 75KG



#### SEATED TRICEPS EXTENSION

#### Product ID: M7-1006

Dimensions: 1660X1180X1450MM

Net Weight : 158KG Weight Stack : 85KG



LAT PULL DOWN

#### Product ID: M7-1008

Dimensions: 1850X1240X1940MM

Net Weight : 162KG Weight Stack: 85KG



ASSIST CHIN/DIP

#### Product ID: M7-1010

Dimensions: 1680X1300X2250MM

Net Weight : 180KG Weight Stack: 85KG



HIP ABDUCTOR

#### Product ID: M7-2001

Dimensions: 1500X1400X1450MM

Net Weight : 143KG Weight Stack: 70KG



SEATED ROW/REAR DELT

#### Product ID: M7-1009

Dimensions: 1600X920X1420MM

Net Weight : 155KG Weight Stack: 85KG



PEC FLY/REAR DELT

#### Product ID: M7-1011

Dimensions : 1460X1520X2000MM

Net Weight : 145KG Weight Stack: 85KG



**HIP ADDUCTOR** 

#### Product ID: M7-2002

Dimensions: 1500X1400X1450MM

Net Weight : 151KG Weight Stack: 70KG



**LEG EXTENSION** 

#### Product ID: M7-2003

Dimensions: 1600X1100X1650MM

Net Weight : 162KG Weight Stack: 90KG



**SEATED LEG PRESS** 

#### Product ID: M7-2005

Dimensions: 2000X1200X1650MM

Net Weight : 261KG Weight Stack: 90KG



STANDING CALF RAISE

#### Product ID: M7-2007

Dimensions : 1520X1120X2000MM

Net Weight : 75KG Weight Stack: 85KG



#### SEATED LEG CURL

Dimensions: 1750X1100X1650MM

Net Weight : 169KG Weight Stack: 90KG



#### **ROTARY TORSO ROTATION**

#### Product ID: M7-2006

Dimensions: 1200X1000X1460MM

Net Weight : 133KG Weight Stack: 85KG

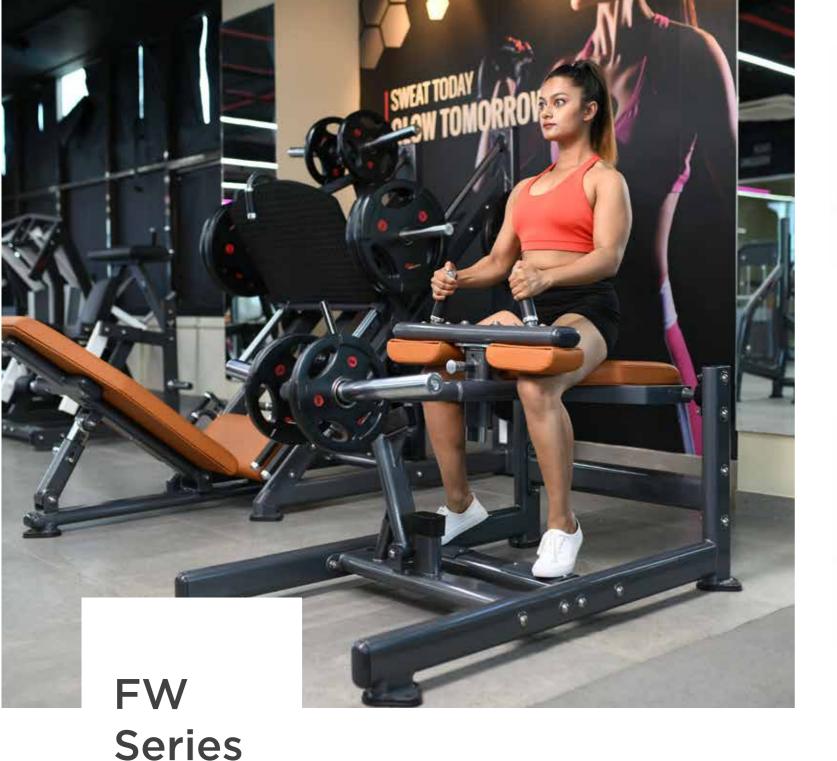


PRONE LEG CURL

#### Product ID: M7-2009

Dimensions: 1400X900X1700MM

Net Weight : 145KG Weight Stack: 85KG





#### **OLYMPIC FLAT BENCH**

Product ID: FW-1001

Dimensions : 1800X1260X1320MM

Net Weight : 80KG

**OLYMPIC INCLINE BENCH** 

Product ID: FW-1002

Dimensions: 1830X1260X1500MM

Net Weight : 75KG



#### **OLYMPIC DECLINE BENCH**

Product ID: FW-1003

Dimensions : 1640X1250X1320MM

Net Weight : 80KG

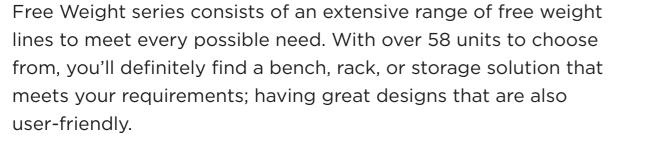


SEATED ART CO

Product ID: FW-1004

Dimensions : 1440X800X1100MM

Net Weight : 76KG





Scan this QR code to see the FW Series live in action.



#### **T-BAR ROW**

Product ID: FW-1005

Dimensions: 2620X990X540MM

Net Weight : 60KG



#### **HYPEREXTENSION**

Product ID: FW-1006

Dimensions : 1460X760X1080MM

Net Weight : 45KG



**ASSIST ABDOMINAL BENCH** 

Dimensions: 1340X800X860MM

Net Weight : 60KG



75-DEGREE BENCH

Product ID: FW-1008

Dimensions: 1140X680X1040MM

Net Weight : 25KG



**ADJUSTABLE BENCH** 

Product ID: FW-1013

Dimensions : 2620X990X540MM

Net Weight : 60KG



**ADJUSTABLE BENCH** 

Product ID: FW-1013A

Dimensions: 1700X700X850MM

Net Weight : 32KG



**FLAT BENCH** 

Product ID: FW-1009

Dimensions : 1550X570X450MM

Net Weight : 18KG



55-DEGREE BENCH

Product ID: FW-1010

Dimensions : 1430X750X1100MM

Net Weight : 21KG



**BARBELL RACK** 

Product ID: FW-1014

Dimensions: 760X840X1280MM

Net Weight : 40KG



**DUMBBELL RACK-DOUBLE** 

Product ID: FW-1015

Dimensions : 2300X600X790MM

Net Weight : 50KG



LYING T-BAR ROW

Product ID: FW-1011

Dimensions : 2170X1140X1190MM

Net Weight : 60KG



**ADJUSTABLE ABDOMINAL** 

Product ID: FW-1012

Dimensions : 1700X700X850MM

Net Weight : 35KG



**DUMBBELL RACK-3 TIER** 

Product ID: FW-1015A

Dimensions : 2300X600X1090MM

Net Weight : 57KG



**PLATE RACK** 

Product ID: FW-1016

Dimensions : 740X740X780MM

Net Weight : 50KG





SEATED CALF RAISE

Dimensions: 1340X800X860MM

Net Weight : 68KG



**30-DEGREE BENCH** 

Product ID: FW-1019

Dimensions : 1320X750X850MM

Net Weight : 22KG



STRETCH MACHINE

Product ID: FW-1022

Dimensions: 1885X700X1000MM

Net Weight : 50KG



**SQUAT RACK** 

Product ID: FW-1018

Dimensions: 1680X1590X1730MM

Net Weight : 105KG



ABDOMINAL ROLLER

Product ID: FW-1021

Dimensions : 1000X750X1270MM

Net Weight : 43KG



**OLYMPIC FLAT BENCH** 

Product ID: FW-2001

Dimensions: 1800X1260X1300MM

Net Weight : 72KG



**OLYMPIC INCLINE BENCH** 

Product ID: FW-2002

Dimensions: 1800X1260X1500MM

Net Weight : 65KG



**OLYMPIC DECLINE BENCH** 

Product ID: FW-2003

Dimensions: 1800X1260X1500MM

Net Weight : 65KG



SEATED ARM CURL

Product ID: FW-2004

Dimensions : 1300X800X1000MM

Net Weight : 68KG



T-BAR ROW

Product ID: FW-2005

Dimensions : 1700X700X850MM

Net Weight : 32KG



**HYPEREXTENSION** 

Product ID: FW-2006

Dimensions: 1460X760X1080MM

Net Weight : 43KG



**ASSIST ABDOMINAL BENCH** 

Product ID: FW-2007

Dimensions : 1700X800X1100MM

Net Weight : 60KG



**ADJUSTABLE BENCH** 

Dimensions: 1600X720X1260MM

Net Weight : 40KG



**SUPER BENCH** 

Product ID: FW-2008-B

Dimensions: 1700X700X850MM

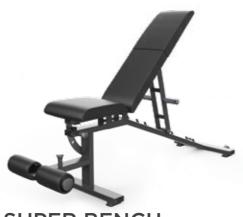
Net Weight : 32KG



**COMPACT SUPER BENCH** 

Product ID: FW-2008-D

Net Weight : 32KG



**SUPER BENCH** 

Product ID: FW-2008-A

**SUPER BENCH** 

Product ID: FW-2008-C

Net Weight : 45KG

Dimensions : 1700X700X850MM

Dimensions: 1700X700X850MM

Net Weight : 32KG



55-DEGREE BENCH

Product ID: FW-2010

Dimensions: 1430X750X850MM

Net Weight : 19KG



LYING T-BAR ROW

Product ID: FW-2011

Dimensions: 2170X1140X1190MM

Net Weight : 60KG



LYING T-BAR ROW

Product ID: FW-2012

Dimensions : 2230X690X1150MM

Net Weight : 60KG



LYING T-BAR ROW WITH D HANDLE

Product ID: FW-2012A

Dimensions : 2170X1140X1190MM

Net Weight : 60KG



ADJUSTABLE AB BENCH

Product ID: FW-2013

Dimensions : 1700X700X850MM

Net Weight : 32KG



**BARBELL RACK** 

Product ID: FW-2014

Dimensions : 750X840X1280MM

Net Weight : 91KG



Dimensions: 1600X650X850MM



**FLAT BENCH** 

Product ID: FW-2009

Dimensions : 1550X570X450MM

Net Weight : 18KG



**DUMBBELL RACK-DOUBLE** 

Dimensions: 2300X600X790MM

Net Weight : 50KG



PLATE RACK

Product ID: FW-2016

Dimensions : 840X650X1002MM

Net Weight : 28KG



Product ID: FW-2018

Dimensions : 1680X680X1730MM

Net Weight : 95KG



**DUMBBELL RACK-3 TIER** 

Product ID: FW -2015A

Dimensions : 2300X600X1090MM

Net Weight : 57KG



SEATED CALF RAISE

Product ID: FW-2017

Dimensions: 1340X800X860MM

Net Weight : 62KG



**30-DEGREE BENCH** 

Product ID: FW-2019

Dimensions : 1320X750X850MM

Net Weight : 19KG



90-DEGREE BENCH

Product ID: FW-2020

Dimensions: 1140X680X1040MM

Net Weight : 20KG



**LEG RAISE** 

Product ID: FW-2025

Dimensions : 1150X750X1590MM

Net Weight : 55KG



WRIST CURL (PIN LOADED)

Product ID: FW-2030

Dimensions: 1430X750X1150MM

Net Weight : 35KG



**DUMBBELL RACK-SINGLE** 

Product ID: FW-2023

Dimensions : 2280X420X600MM

Net Weight : 45KG



**GLUTE HAM RAISE** 

Product ID: FW-2029

Dimensions : 1660X1100X700MM

Net Weight : 45KG



WRIST CURL (PLATE LOADED)

Product ID: FW-2030A

Dimensions: 1430X750X1150MM

Net Weight : 35KG



Dimensions : 2300X600X790MM Net Weight : 57KG



#### **DECLINE BENCH**

Product ID: FW-2033

Dimensions : 1460X760X1080MM Net Weight : 48KG



#### **DOUBLE TWISTER**

Product ID: FW-2032

Dimensions : 2300X600X1090MM Net Weight : 57KG



#### LANDMINE ATTACHMENT

Product ID: FW-2034

Dimensions Net Weight





**Series** 

This series follows latest design trends. Sharp clean lines, compact construction, neatly defined proportions make the products stand out. These are biomechanically accurate machines having precise angles, range of motion and ergonomic considerations.



Scan this QR code to see the Transformer Series live in action.

#### **CHEST PRESS**

#### Product ID: TS1001

Dimensions: 1500X1450X1550MM

Net Weight : 120KG Weight Stack: 85KG



#### Product ID: TS1006

Dimensions: 1500X1000X1550MM

Net Weight : 130KG Weight Stack: 75KG



#### **SEATED BICEPS CURL**

#### Product ID: TS1010

Dimensions : 1720X1480X1600MM

Net Weight : 120KG Weight Stack: 60KG



#### **LEG EXTENSION**

#### Product ID: TS1005

Dimensions: 1480X1000X1550MM

Net Weight : 130KG Weight Stack: 85KG



#### **SEATED SHOULDER PRESS**

#### Product ID: TS1007

Dimensions: 1300X1370X1460MM

Net Weight : 120KG Weight Stack: 75KG



#### Product ID: TS1013

Dimensions: 1420X1240X2230MM

Net Weight : 150KG Weight Stack: 85KG





PEC FLY/REAR DELT

#### Product ID: TS1017

Dimensions: 1300X2000X2000MM

Net Weight : 130KG Weight Stack: 85KG



Product ID: TS1020

Dimensions: 1450X1150X2250MM

Net Weight : 130KG Weight Stack: 85KG



BENCH /SHOULDER PRESS

#### Product ID: TD1001

Dimensions: 2000X1300X1550MM

Net Weight : 160KG Weight Stack: 85KG



#### Product ID: TS1018

Dimensions: 2050X1050X2100MM

Net Weight : 140KG Weight Stack: 85KG



SEATED LEG CURL

#### Product ID: TS 1023

Dimensions: 1520X1000X1550MM

Net Weight : 140KG Weight Stack: 75KG



**BICEPS/TRICEPS CURL** 

#### Product ID: TD1002

Dimensions: 1300X900X1420MM

Net Weight : 135KG Weight Stack: 70KG



**SEATED ROW** 

Product ID: TD1004

Dimensions: 2050X1050X2230MM

Net Weight : 115KG Weight Stack: 90KG



PRONE LEG CURL/ **EXTENSION** 

Product ID: TD1007

Dimensions: 1520X1000X1550MM

Net Weight : 145KG Weight Stack: 90KG



#### Product ID: TW1001

Dimensions: 1520X1350X1300MM

Net Weight : 60KG



HIP ABDUCTOR/ADDUCTOR

#### Product ID: TD1006

Dimensions: 1550X750X1550MM

Net Weight : 130KG Weight Stack: 60KG



SEATED LEG CURL/ **EXTENTION** 

Product ID: TD1007A

Dimensions: 1520X1000X1550MM

Net Weight : 150KG Weight Stack: 85KG



#### Product ID: TW1002

Dimensions: 1820X1350X1300MM

Net Weight : 65KG





**OLYMPIC DECLINE BENCH** 

Product ID: TW1003

Dimensions: 2100X1350X1300MM

Net Weight : 70KG

SUPER BENCH

Dimensions : 1400X650X1200MM

Product ID: TW1008

Net Weight : 18KG



SEATED ARM CURL

Product ID: TW1004

Dimensions: 1200X900X1100MM

Net Weight : 40KG



**OLYMPIC FID BENCH** 

Product ID: TW1018

Dimensions: 1720X1480X1450MM

Net Weight : 120KG



**DUAL ADJUSTALBE PULLEY** 

Product ID: TF1002

Dimensions: 1120X1745X2200MM

Net Weight : 145KG Weight Stack: 150KG



**DUMBBELL RACK-2TIER** 

Product ID: TW1015

Dimensions : 2300X600X790MM

Net Weight : 50KG



**CABLE CROSSOVER** 

Product ID: TF1008

Dimensions: 1300X4470X2300MM

Net Weight : 160KG Weight Stack: 150KG



**45-DEGREE LEG PRESS** 

Product ID: TF1024D

Dimensions: 2200X1850X1570MM

Net Weight : 240KG (TRANSMIT BY BEARING)



**DUMBBELL RACK-3TIER** 

Product ID: TW1015A

Dimensions: 1050X1700X1050MM

Net Weight : 50KG



**SEATED CALF RAISE** 

Product ID: TW1017

Dimensions: 850X1420X1000MM

Net Weight : 45KG



**SMITH MACHINE** 

Product ID: TF1009

Dimensions : 1600X2050X2250MM

Net Weight : 210KG (COUNTER BALANCE)

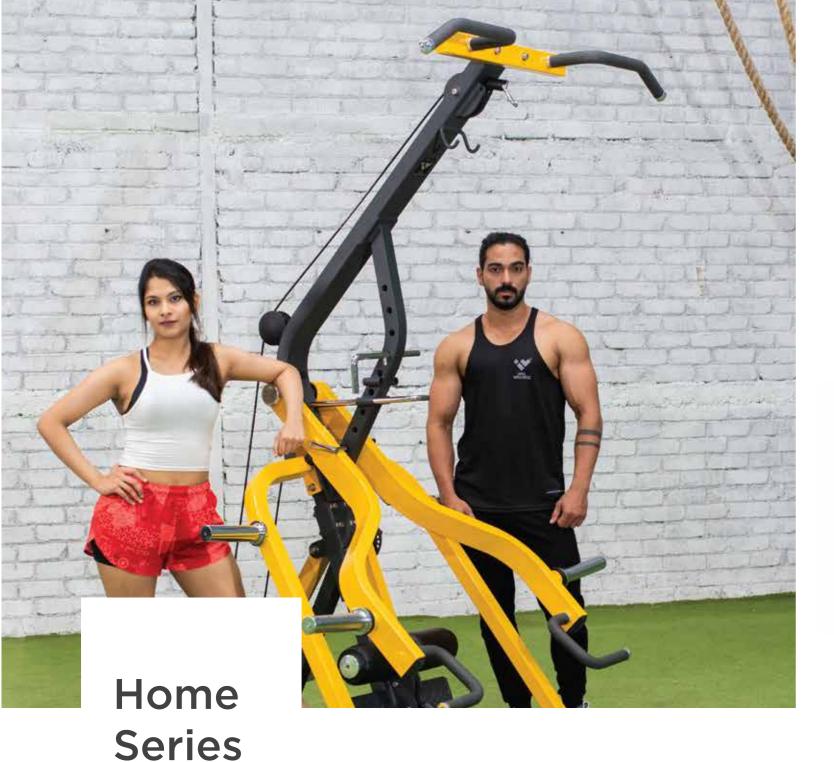


LEG PRESS /HACK SQUAT

Product ID: TF1024F

Dimensions: 2400X2050X1500MM

Net Weight : 280KG





**IDF SUPER BENCH** 

Product ID: LC-1001

Dimensions : 1525MMX585MMX550MM

Net Weight : 25KG



Product ID: LC-2001 (Optional Attachments)

Dimensions: 1840X1650X2350MM

Net Weight : 175KG



PLATE LOADED MULTI GYM

Product ID: LC-2002

Dimensions: 1500X1780X1320MM

Net Weight : 130KG



Product ID: LC-2003

Dimensions: 1680X480X1730MM

Net Weight : 65KG



SQUAT RACK WITH PULLUP BAR

Product ID: LC-2004

Dimensions: 1680X480X1730MM

Net Weight : 85KG



SQUAT RACK WITH LAT PULL DOWN

Product ID: LC-2005

Dimensions: 1680X480X1730MM

Net Weight : 105KG



from.

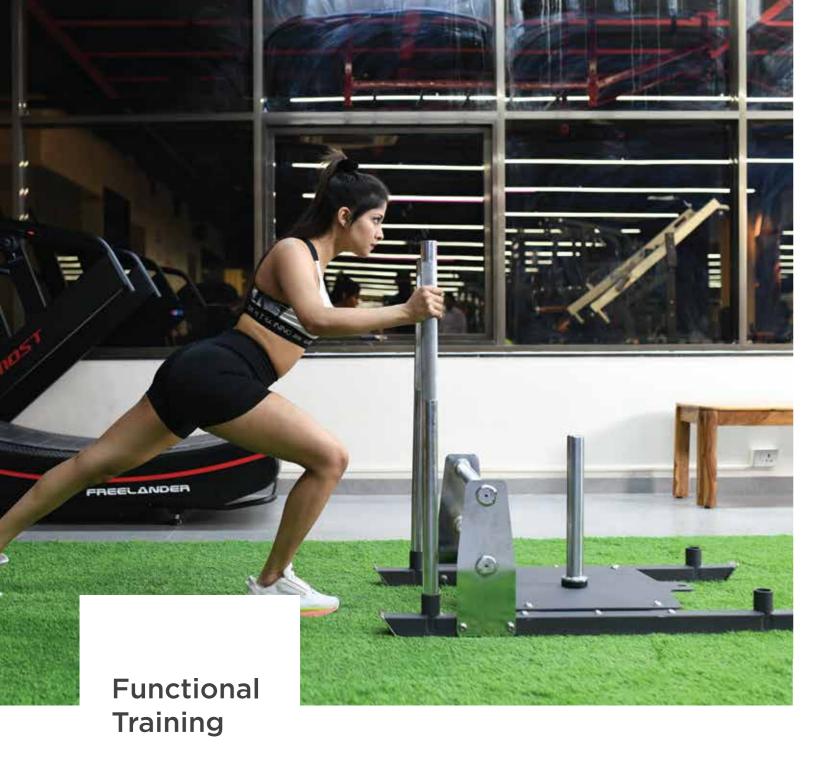
Scan this QR code to see the Home Series live in action.

Offering compact, and versatile set of equipment, this series

that you want to create, you'll find various options to choose

includes products for variety of home gym requirements. Be it

a small space at home or a spacious separate home gym set-up



We offer our customers, a choice to configure the functional extra mile to conceptualize the rig to include stations, accessories and features as per the customer's request.

#### **360 MULTI FUNCTION MACHINE**

Floor/Ceiling/Wall Mounted Custom Functional Training Rigs



1. TRX Hanging Rope

2. Battle Rope

- 3. Medicine Ball
- 4. Kettle Bell
- 5. Sand Bag

#### **FUNCTIONAL TRAINING RIG**

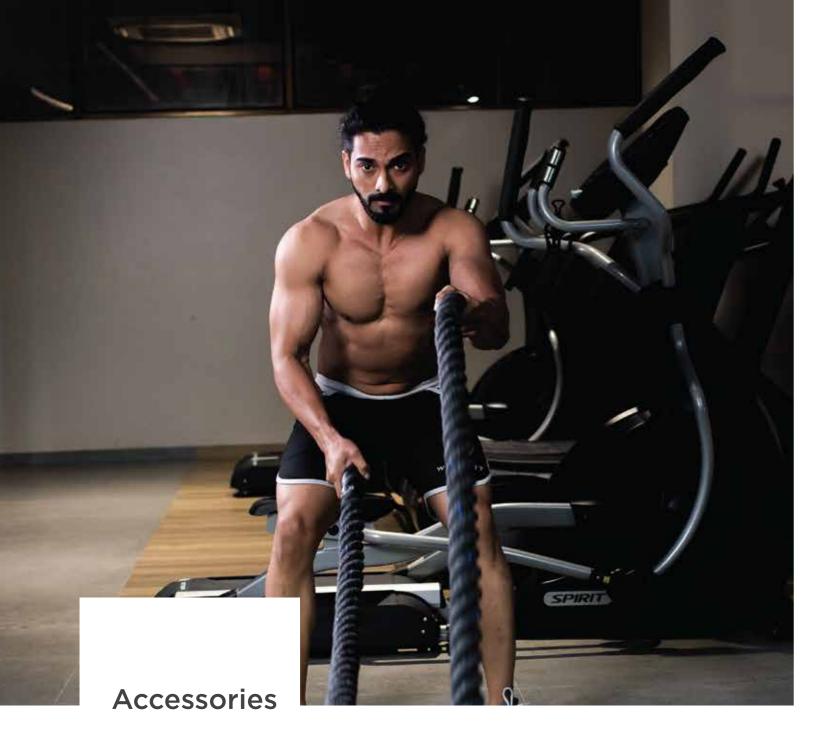
Customization of Functional Rigs



#### **SLEDGE**



training rigs to suit the training space of the gym; by going an



We choose a variety of high-quality accessories from manufacturers and suppliers across the world to ensure that our customers get one stop solution to buy a variety of accessories to use it at any gym set-up.

















Product ID: 100480

Product ID: IW2001

## Frames & Upholstery Color Customization

#### **Frame Colors**



#### **Upholstery Colors**



**SUBJECT TO AVAILABILITY** 

## Our Nationwide Sales & Service Network



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#### ASSAM

SILCHAR GUWAHATI JORHAT

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MUZAFFARPUR PATNA

#### CHHATTISGARH RAIPUR

**GUJARAT** 

SURAT AHMEDABAD VADODARA GANDHINAGAR RAJKOT

#### HARYANA PANIPAT

J&K JAMMU SRINAGAR

#### JHARKHAND RANCHI

KARNATAKA BELGAUM BENGALURU MYSURU HUBLI

#### DHARWAD **KERALA**

KANNUR

KERALA
BAD KOCHI
RA THRISSUR
NAGAR THIRUVANANTHAPURAM

#### MADHYA PRADESH

BHOPAL INDORE JABALPUR

#### MAHARASHTRA

AMRAVATI
AURANGABAD
KOLHAPUR
MUMBAI
PUNE
THANE
NAGPUR
LATUR
BEED
PARBHANI
NANDED
SATARA
SANGLI

KARAD

NASHIK

#### TAMILNADU KANYAKI IMARI

**MANIPUR** 

IMPHAL

**ODISHA** 

**PUNJAB** 

AMRITSAR

KOTA

CHANDIGARH

**RAJASTHAN** 

BHUBANESWAR

KANYAKUMARI CHENNAI NAGERCOIL PUDUCHERRY

#### TELANGANA HYDERABAD

#### UTTAR PRADESH

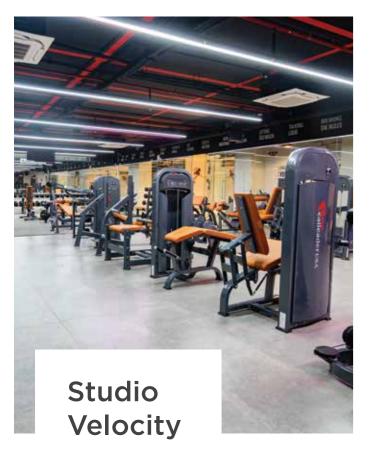
PRAYAGRAJ GHAZIABAD KANPUR LUCKNOW VARANASI

#### **UTTARAKHAND** DEHRADUN

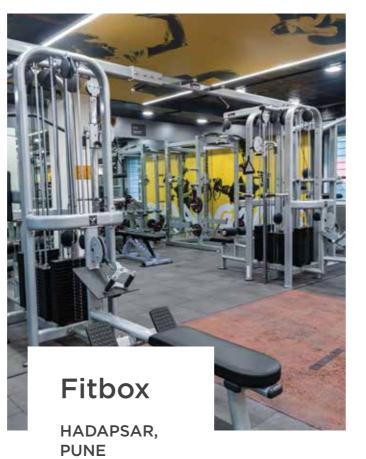
HALDWANI ROORKEE

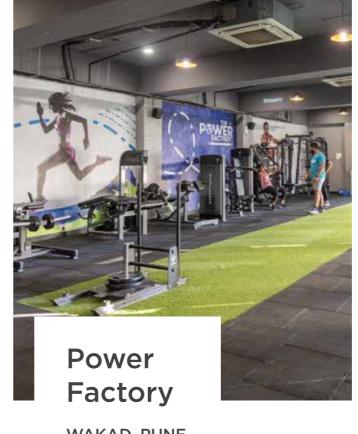
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DELHI & NCR NEW DELHI NOIDA GHAZIABAD

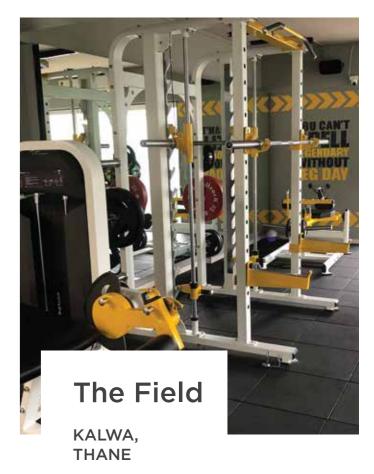


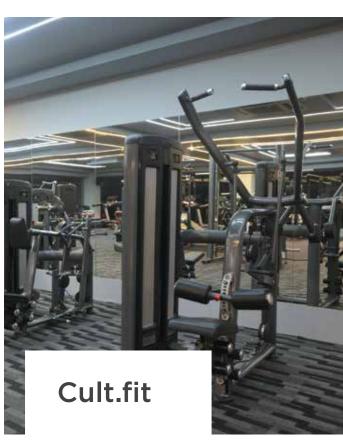
BANER, PUNE



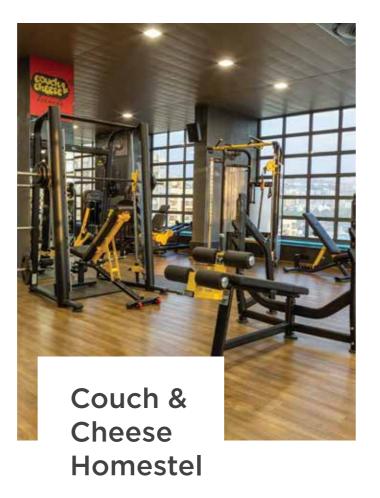


WAKAD, PUNE

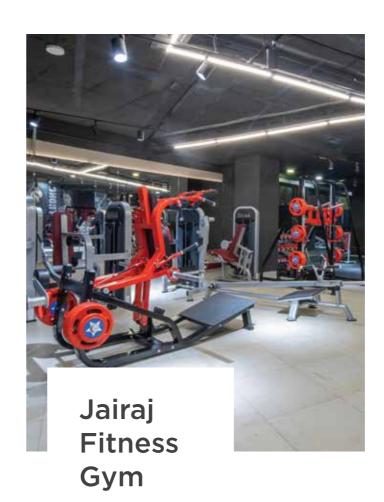




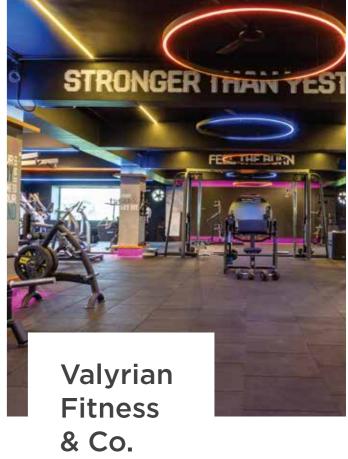
CHINCHWAD, **PUNE** 



AMBEGAON, PUNE



**BELAGAVI** 



AUNDH, PUNE





Our state-of-the-art factory in Pune adheres to the highest standards of quality. Process automation, advanced manufacturing along with systems and processes that are benchmarked to the Toyota Production System (TPS), to ensure consistent quality in every unit of equipment. We own advanced machines that ensure high precision gym equipment.

We have a dedicated team for quality assurance, vendor quality management, as well as for product and process quality management, which is given the utmost importance in our factory. Our Quality systems ensure that our customers get world class product.





# R&D Center in USA 30 Years of Rich Experience Presence in 60+ Countries Now Manufactured in India





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